

## ASA Recreational Soccer Formats (Referee Version) - Updated Spring 2016

Age Group	Game Format	Check Rosters?	Game Length (mins)	Min # of players to start	Field Size (approx)	Ball Size	Referee	Restart from Sidelines	Offside	Free Kicks	Slide Tacking Allowed?	Heading Allowed?	Substitutions?
<b>2nd</b>	4v4 (no GK)	Yes	4x12	3	35x25	3	1 Ref	Throw-in (with forgiveness)	No	All Indirect	No	No	Substitutions at any stoppage
<b>3rd</b>	7v7 (6 + GK)	Yes	2x25	5	65x45	4	1 Ref	Throw-in	Yes	Indirect & Direct	No	No	<b>Out at endline:</b> Either team can sub (even corners)  <b>Out at sideline:</b> Only team in possession can sub (unless both teams are subbing)
<b>4th</b>	7v7 (6 + GK)	Yes	2x25	5	65x45	4	1 Ref	Throw-in	Yes	Indirect & Direct	No	No	
<b>5th</b>	9v9 (8 + GK)	Yes	2x30	6	80x55	4	1 Ref	Throw-in	Yes	Indirect & Direct	No	No	
<b>6th</b>	9v9 (8 + GK)	Yes	2x30	6	80x55	4	1 Ref	Throw-in	Yes	Indirect & Direct	No	Yes	
<b>7th</b>	11v11 (10 + GK)	Yes	2x30	7	105x65	5	1 Ref	Throw-in	Yes	Indirect & Direct	Yes	Yes	
<b>8th</b>	11v11 (10 + GK)	Yes	2x30	7	105x65	5	1 Ref	Throw-in	Yes	Indirect & Direct	Yes	Yes	
<b>9th-12th</b>	11v11 (10 + GK)	Yes	2x30	7	120x75	5	3 Refs	Throw-in	Yes	Indirect & Direct	Yes	Yes	